



Secaucus Mayor & Town Council present
















# Secaucus August Senior Calendar

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Channel 36

August 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
RESERVATIONS ARE REQUIRED FOR ALL SHOPPING TRIPS 201-865-4422	Every Wednesday Wal-Mart & Mill Creek 8:00 am	Shop-Rite Food shuttle Monday - Friday	Beginning September Wednesday morning Art / Craft Club Light breakfast served	1 8:00 Bergen Mall 10:20 Light Aerobics 12:30 Card Club 	2 9:30 Yoga 10:30 Holistic Healthcare 12:30 Bingo 	3 Pick-ups start at 9am Woodbridge Mall No in-town bus service today
4 9:10 Church	5 9:30 Yoga 12:30 Bingo 	6 8:00 Dollar Tree 10:20 Easy Fitness 12:30 Aldi's	7 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Biggies 	8 8:00 Pt. Pleasant 10:20 Light Aerobics 12:30 Card Club	9 9:30 Yoga 10:30 Diabetes / Visiting Angels 12:30 Bingo 1:30 Ice Cream Social 	10 Pick-ups start at 8 am Jackson Outlets No in-town bus service today
11 9:10 Church	12 9:30 Yoga 10:00 Garden Club 12:30 Bingo 	13 8:00 Seaside Heights 10:20 Easy Fitness	14 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Dynasty Buffet 	15 8:00 Demarest Farms 10:20 Light Aerobics 12:30 Card Club 12:30 Styretown Plaza	16 9:30 Yoga 10:30 Nutrition 12:30 Bingo 	17 Pick-ups start at 9am Saddlebrook Mall No in-town bus service today 10 am Yoga / Crossfit HCST
18 9:10 Church Acme Pickups start at 11 am	19 9:30 Yoga 10:00 Garden Club 12:30 Bingo 	20 8:00 Trader Joe's 10:20 Easy Fitness 12:30 Demarest Farms	21 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Justin's 	22 8:00 Willowbrook 10:20 Light Aerobics 12:30 Card Club	23 9:30 Yoga 10:30 Center-Vein Restoration 12:30 Bingo 	24 Pick-ups start at 8 am Resort World Casino No in-town bus service today
25 9:10 Church	26 9:30 Yoga 12:30 Bingo 5:00 Doors Open 6:00 BINGO 	27 8:00 Kmart-Pechter's 10:20 Easy Fitness 12:30 Xmas Tree Store	28 8:30 Art Club 10:00 Water Aerobics 11:00 MOVIES / lunch Kerasotes / The Plaza 1:00 Card Club	29 8:00 Shoppers World / Big Lots 10:20 Light Aerobics 12:30 China Chef 12:30 Birthday Bingo 	30 9:30 Yoga ½ day bus service	31 Pick-ups start at 8 am Candle Factory Lunch Cracker Barrel No in-town bus service today

Any trip suggestions please give to Karen