



Secaucus Mayor & Town Council present















Secaucus July Senior Calendar

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Channel 36

July 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
RESERVATIONS ARE REQUIRED FOR ALL SHOPPING TRIPS 201-865-4422	1 9:30 Yoga 12:30 Bingo 	2 8:00 Dollar Tree 10:20 Easy Fitness 12:30 Aldi's	3 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Rutt's Hut 	4  SENIOR CENTER CLOSED	5 9:30 Yoga 10:30 Medicare Benefits 12:30 Bingo 	6 Pick-ups start at 9am Woodbridge Mall No in-town bus service today
7 9:10 Church	8 9:30 Yoga 12:30 Bingo 	9 8:00 Seaside Heights 10:20 Easy Fitness	10 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Royal Warsaw (Polish Cuisine) 	11 8:00 Bergen Mall 10:20 Light Aerobics 12:30 Golden Age Meeting	12 9:30 Yoga 10:30 Diabetes Education 12:30 Bingo 1:30 Ice Cream Social 	13 Pick-ups start at 8 am Roxbury Mall No in-town bus service today
14 9:10 Church	15 9:30 Yoga 12:30 Bingo 	16 8:00 Trader Joe's 10:20 Easy Fitness 12:30 Van Saun Park	17 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Thatcher McGhee's 	18 8:00 Pt. Pleasant 10:20 Light Aerobics 12:30 Card Club	19 9:30 Yoga 10:30 Ameri-Group-Medicare Planning 12:30 Birthday Bingo 	20 Pick-ups start at 9am Saddlebrook Mall No in-town bus service today
21 9:10 Church Acme Pickups start at 11 am	22 9:30 Yoga 12:30 Bingo 	23 8:00 Demarest Farms 10:20 Easy Fitness 12:30 Target	24 8:30 Art Club 10:00 Water Aerobics 11:00 MOVIES / lunch Kerasotes / The Plaza 1:00 Card Club 	25 8:00 Willowbrook 10:20 Light Aerobics 12:30 Card Club	26  11:00 Hudson County Boat Ride No around town service	27 Pick-ups start at 8 am Mt. Airy Casino No in-town bus service today
28 9:10 Church	29 9:30 Yoga 12:30 Bingo 5:00 Doors Open 6:00 BINGO 	30 8:00 Kmart-Pechter's 10:20 Easy Fitness 12:30 Xmas Tree Store	31 8:30 Art Club 10:30 Water Aerobics 1:00 Card Club 11:30 Boniello's	Every Wednesday Wal-Mart & Mill Creek 8:00 am Shop-Rite Food shuttle Monday - Friday		

Any trip suggestions please give to Karen