



**SECAUCUS
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Goal Setting Workshop

**May 11, 2024
10:30 A.M. – 3:00 P.M.
Panasonic Rm.**

Elevate Your Life: “The Ultimate Goal Setting Experience” with Sifu Karl Romain, Master Life Coach.

Learn the powerful of the P.A.R.R. method – Plan, Act, Review, Renew – to take charge of your goals. Join us to discover how to set meaningful goals, pursue them with purpose, evaluate your progress, and refresh your approach for lasting success.

During this workshop, you will unlock the keys to personal growth, increased productivity, and long-term success. Be prepared to ignite your passion, fuel your ambitions, and create a roadmap to elevate every aspect of your life.

Don't miss out on this opportunity. Sign up now and start on a journey towards your best self!

Register on the calendar @ secaucuslibrary.org

