Secaucus Public Library

Tuesday, February 18th 6:30 pm Panasonic Rm.

Join us for

The Flavors & History of African Food

In honor of Black History Month

Come take a historical journey of food and learn how African cultures have influenced what we eat in the United States and around the world. You will enjoy a food tasting by Chef Sean Bell, of Rythm N Food, as we discuss topics such as: Soul Food, French Creole, Caribbean Cuisine, and a variety of other foods we have come to know and love.

Please register at secaucuslibrary.org