



# July 2024 Senior Citizen Newsletter

Welcome to July! Keep Cool on those hot sunny days at the town pool or come enjoy a game of Bingo at the senior center on Monday and Thursday starting at 12 noon. No Bingo held at the Elms in July. The Craft Clique will be at the Senior Center on Friday, July 19<sup>th</sup> during Social Friday come join the fun. On Friday, June 26<sup>th</sup>—Come learn some moves with Miss Renee at 11 am. Art/Craft club meets at the senior center every Wednesday and Friday at 8:30am. Anyone is welcome to join. We will be going to Demarest Farms on Thursday, July 25<sup>th</sup>. The July 4<sup>th</sup> firework Celebration will be on Monday, July 1<sup>st</sup> at the swim club at 6PM. Reservations are required for all trips. Our lunch trips this month are Maggie’s Tavern, Rumba Cabana and Rutt’s Hutt. The movies this month at Kerasotes is on Tuesday, July 23<sup>rd</sup>. On July 17<sup>th</sup> we will be traveling south to a day at the beach in Point Pleasant and back again south to Seaside Heights Beach on the 31<sup>st</sup>. Our Casino Trip will be to Hard Rock Casino Atlantic City on Wednesday, July 10<sup>th</sup> and Mt Airy Mt. Pocono Pa on Wednesday, July 24<sup>th</sup>.

Trip suggestions are welcomed. The Center is closed Thursday, July 4<sup>th</sup>.  
**Stay Safe this summer:** Wear a hat and loose clothing while outdoors. Choose light colors to reflect heat. Stay hydrated and use sunscreen on exposed skin while out in the sun.  
**Fun Facts:** The birthstone for July is Ruby. The month of July was named after Julius Caesar.

We wish all to enjoy the holiday.  
Please stay safe!



**Birthdays in July are:** Louise Azzara, Carmen Bernabe, Gloria Brower, Bernice Calder, Edna Caraway, Jim Clancy, Tony Cutola, Tom Daly, Nina DeRocco, Manuel Flores, Wanda Giambrone, Donna Green, Barbara Hamel, Karleen Lasala, Anna Luis, Brenda McIlveen, Camilo Mendez, Transito Rivas, Maria Rodriguez, Elizabeth Rutigliano, Nayrouz Sadek, Annette Shao, Ashley Ali

Senior Center: 201-330-2034  
 Senior Citizen Bus: 201-865-4422  
 Mayor’s Office: 201-330-2005  
 Golden Age: 201-865-1345

Social Services: 201-330-2014  
 Housing Authority: 201-867-2957  
 Library: 201-330-2083  
 Medicare: 800-633-4227

Meals on Wheels: 201-330-2094  
 Recreation Center: 201-330-3299  
 Police/Fire Dept: 201-867-8000  
 Social Security: 800-772-1213

Medical Escort: 201-330-2082  
 Hospital: 201-392-3100  
 Town Hall: 201-330-2000  
 PAAD/Lifeline 800-792-9745