

August 2024 Senior Citizen Newsletter

We've got some cool trips going on this month to keep you busy on these hot summer days! The Beach trip for this month is Seaside Heights on Wednesday, August 7th and Point Pleasant on Wednesday, August 21st. Don't forget your sunscreen! Demarest Farms on Thursday, August 29th. The movie at Kerasotes is August 27th at 11:30am. We will be traveling to Wind Creek Casino on Wednesday, August 14th and Parx Casino on Wednesday, August 28th call to reserve a seat. Some favorite lunch spots this month are Justin's, Dynasty Buffet, Mason Jar and Rutt's Hutt. Water Aerobics is held at the Secaucus Rec center every Wednesday at 11:00am. Yoga is every Monday and Friday at 10am. The Mall trips this month are Willow brook, Woodbridge and Jersey Gardens. Our trip to Peddlers Village will be Friday, August 23rd. Let's go for a walk at the American Dream every Monday at 10am call 201-865-4422 for Bus transportation. Bingo is held at the senior center every Monday and Thursday at 12 noon.

The Food Pantry is seeking donations of School Supplies during the month of August. You can drop off your donation at the Senior Center Monday through Friday between the hours 8 to 3. Bus transportation is available for all concerts in the park. Call 201-865-4422 for a seat.

Did You Know...? On August 2, 1909, the Lincoln penny was issued. The first Sunday in August is Friendship Day! August was named after Augustus Caesar, founder and emperor of the roman empire. August and July were given an extra day, which was taken from February.

"...The Pessimist complains about the wind; the Optimist expects it to the change; the Realist adjusts the sail..." William Arthur Ward



Birthdays in August are:

Pat Barcomb, Frank Bello, Dolores Concepcion, Margaret Cutola, Loretta Deleeuw, Veronica Francis, Mike Gonnelli, Joan Green, Jennie Griglio, Ana Hsue, Yolanda Jamboos, Janet Leavens, Luis Pablo, Pat Masullo, Bertha Mayor, Maureen McDonald, Francine Melnichok, Michael Pagano, Deo Ramsook, Louise Rittberg, Hipolti Rodriguez, Bridgett Thompson, Delores Viscardo,

Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-865-1345

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline 800-792-9745