



Secaucus Mayor & Town Council present














# Secaucus May Senior Calendar

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[www.secaucusnj.gov](http://www.secaucusnj.gov)

Channel 36

May 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
RESERVATIONS ARE REQUIRED FOR ALL SHOPPING TRIPS 201-865-4422	<b>1</b> 10:00 am Yoga 10:00 am Walk at American Dream 12:00 pm Bingo 	<b>2</b> 8:00 am Shop-Rite Lyndhurst 10:20 am Aerobics 11:00 am Library Movies	<b>3</b> 8:00 am Mt. Airy Casino 8:30 am Arts & Crafts 11:00 am Water Aerobics 	<b>4</b> 8:00 am Aldi 10:20 am Aerobics 11:30 am Dollar Tree 12:00 pm Bingo Golden Age Meeting	<b>5</b> 9:00 am Tinton Falls Mall 10:00 am Yoga  10:00 am Social Friday	<b>6</b> 8:00 am Wal-Mart 11:30 am ShopRite Columbia Park
<b>7</b> 7:10 am Church pickups	<b>8</b> 10:00 am Yoga 10:00 am Walk at American Dream 12:00 pm Bingo	<b>9</b> 8:00 am Walmart 10:20 am Aerobics 11:00 am Library Movies	<b>10</b> 8:00 am Corrado's 8:30 am Arts & Crafts 11:00 am Water Aerobics 11:30 Bensi	<b>11</b> 8:00 am Xmas Tree 10:20 am Aerobics 11:30 am Mason Jar 12:00 pm Bingo 	<b>12</b> 9:00 am Woodbridge Mall 10:00 am Yoga 10:00 am Social Friday Elms Bingo 6:30 pm	<b>13</b> 8:00 am Wal-Mart 11:30 am ShopRite Wallington
<b>14</b> 7:10 am Church pickups 	<b>15</b> 10:00 am Yoga 10:00 am Walk at American Dream 12:00 pm Bingo 	<b>16</b> 8:00 am Shop-Rite Lyndhurst 10:20 am Aerobics 11:00 am Library Movies	<b>17</b> 8:00 am Wind Creek Casino 8:30 am Arts & Crafts 11:00 am Water Aerobics 	<b>18</b> 8:00 am Uncle G's 10:20 am Aerobics 11:30 am Tiramisu 12:00 pm Bingo	<b>19</b> 8:00 am Bergen Mall Morning only 10:00 am Yoga <b>½ day bus around town</b>	<b>20</b> 8:00 am Wal-Mart 11:30 am ShopRite Columbia Park
<b>21</b> 7:10 am Church pickups	<b>22</b> 10:00 am Yoga 10:00 am Walk at American Dream 12:00 pm Bingo 	<b>23</b> 8:00 Walmart 10:20 am Aerobics 11:30 am MOVIES Kerasotes	<b>24</b> 8:00 am Trader Joe's 8:30 am Arts & Crafts 11:00 am Water Aerobics 11:30 Clifton Buffet	<b>25</b> 8:00 am Lidl 10:20 am Aerobics 11:30 am Brothers BBQ 12:00 pm Birthday Bingo 	<b>26</b> 9:00 am iHop 10:00 am Yoga Elms Bingo 6:30 pm <b>½ day bus around town</b>	<b>27</b> 8:00 am Wal-Mart 11:30 am ShopRite Wallington
<b>28</b> 7:10 am Church pickups	<b>29</b>  Senior Center Closed	<b>30</b> 8:00 am Shop-Rite Lyndhurst 10:20 am Aerobics 11:00 am Library Movies	<b>31</b> 8:00 am Resorts World Casino 8:30 am Arts & Crafts 11:00 am Water Aerobics 			

+Any trip suggestions please give to Karen