



Secaucus Mayor & Town Council present




Secaucus July Senior Calendar

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www.secaucusnj.gov

Channel 36

July 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
RESERVATIONS ARE REQUIRED OR ALL SHOPPING TRIPS 201-865-4422			WHEN GOING ON LUNCHEONS PLEASE BRING CASH AND SOME SMALLER BILLS THERE SHOULD NOT BE SEPARATE CHECKS AT TABLES			1 8:30 am Wal-Mart 11:30 am ShopRite Columbia Park
2 7:00 am Church	3 10:00 am Yoga ½ day bus around town	4  July SENIOR CENTER CLOSED	5 8:00 am Mt. Airy 8:30 am Arts & Crafts 11:00 am Water Aerobics 	6 8:30 am Aldi 10:20 am Aerobics 11:30 am Dollar Tree 12:00 pm Bingo 	7 8:00 am Tinton Falls 10:00 am Yoga 10:00 am Social Friday	8 8:30 am Wal-Mart 11:30 am ShopRite Wallington
9 7:00 am Church	10 10:00 am Yoga 10:00 am Walk at American Dream 12:00 pm Bingo 	11 8:30 am Walmart 10:20 am Aerobics 11:00 Movie at the Library	12 8:00 am Seaside 8:30 am Arts & Crafts 11:00 am Water Aerobics 	13 8:30 am Trader Joe's 10:20 am Aerobics 11:30 am Ah Pizz 12:00 pm Bingo	14 8:30 am Woodbridge Mall 10:00 am Yoga 10:00 am Social Friday	15 8:30 am Wal-Mart 11:30 am ShopRite Columbia Park
16 7:00 am Church	17 10:00 am Yoga 10:00 am - 2:00 pm Walk, eat & shop American Dream 12:00 pm Bingo 	18 8:30 am Shop-Rite 10:20 am Aerobics 11:00 Movie at the Library	19 8:00 am Parx Casino 8:30 am Arts & Crafts 11:00 am Water Aerobics 	20 8:30 am Demarest Farms 10:20 am Aerobics 11:30 am Maggie's Tavern 12:00 pm Bingo 	21 10:00 am Paterson Great Falls & Shannon Rose-Clifton 10:00 am Yoga 10:00 am Social Friday	22 8:30 am Wal-Mart 11:30 am ShopRite Wallington
23 7:00 am Church	24 10:00 am Yoga 10:00 am Walk at American Dream 12:00 pm Bingo 	25 8:30 am Walmart 10:20 am Aerobics 11:30 Movies Kerasotes	26 8:00 am Pt. Pleasant 8:30 am Arts & Crafts 11:00 am Water Aerobics 	27 8:30 am Lidl 10:20 am Aerobics 11:30 am Sunset Pub 12:00 pm Birthday Bingo 	28 8:30 am Paramus Park-Stew Leonard's-Applebee's 10:00 am Yoga 10:00 am Social Friday	29 8:30 am Wal-Mart 11:30 am ShopRite Columbia Park
30 7:00 am Church	31 10:00 am Yoga 10:00 am - 2:00 pm Walk, eat & shop American Dream 12:00 pm Bingo 					

Any trip suggestions please give to Karen or Mary