



Secaucus Mayor & Town Council present



# Secaucus October Senior Calendar

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[www.secaucusnj.gov](http://www.secaucusnj.gov)

Channel 36

October 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 7:00 am Church	<b>2</b> 10:00 Yoga 10:00 am – 2:00 pm Walk, eat & shop American Dream 12:00 pm Bingo	<b>3</b> 8:30 am Walmart 10:20 am Aerobics 11:00 Movie at the Library	<b>4</b> 8:00 am Wind Creek 8:30 am Arts & Crafts 11:00 am Water Aerobics	<b>5</b> 8:30 am Aldi 10:20 am Aerobics 11:30 am Flaming Grill 12:00 pm Bingo 1:00 Golden Age	<b>6</b> 8:30 am Tinton Falls 10:00 am Yoga 10:00 am Social Friday Elms Bingo 6:30 pm	<b>7</b> 8:30 am Wal-Mart 11:30 am ShopRite Columbia Park
<b>8</b> 7:00 am Church	<b>9</b> Columbus Day Senior Center Closed Indigenous Peoples Day	<b>10</b> 8:30 am Shop-Rite 10:20 am Aerobics 11:00 Movie at the Library	<b>11</b> 8:00 am Point Pleasant 8:30 am Arts & Crafts 11:00 am Water Aerobics	<b>12</b> 8:30 am Maywood Market 10:20 am Aerobics 11:30 am Justin's 12:00 pm Bingo	<b>13</b> 8:30 am Woodbridge Mall 10:00 am Yoga 10:00 am Social Friday	<b>14</b> 8:30 am Wal-Mart 11:30 am ShopRite Wallington
<b>15</b> 7:00 am Church	<b>16</b> 10:00 Yoga 10:00 am – 2:00 pm Walk, eat & shop American Dream 12:00 pm Bingo	<b>17</b> 8:30 am Walmart 10:20 am Aerobics 11:30 Movie at Kerasotes	<b>18</b> 8:00 am Resorts World 8:30 am Arts & Crafts 11:00 am Water Aerobics	<b>19</b> 8:30 am Dollar Tree 10:20 am Aerobics 11:30 am Royal Warsaw 12:00 pm Bingo	<b>20</b> 8:30 am Alstede Farms 10:00 am Yoga 10:00 am Social Friday Elms Bingo 6:30 pm	<b>21</b> 8:30 am Wal-Mart 11:30 am ShopRite Columbia Park
<b>22</b> 7:00 am Church	<b>23</b> 10:00 Yoga 10:00 am – 2:00 pm Walk, eat & shop American Dream 12:00 pm Bingo	<b>24</b> 8:30 am Shop-Rite 10:20 am Aerobics 11:00 Movie at the Library	<b>25</b> 8:00 am Peddler's Village 8:30 am Arts & Crafts 11:00 am Water Aerobics	<b>26</b> 8:30 am Trader Joe's 10:20 am Aerobics 11:30am Segovia Meson 12:00 pm Birthday Bingo	<b>27</b> 9:30 am Willowbrook Mall 10:00 am Yoga 10:00 am Social Friday	<b>28</b> 8:30 am Wal-Mart 11:30 am ShopRite Wallington
<b>29</b> 7:00 am Church	<b>30</b> 10:00 Yoga 10:00 am – 2:00 pm Walk, eat & shop American Dream 12:00 pm Bingo	<b>31</b> Halloween 8:30 am Walmart 10:20 am Aerobics 11:00 Movie at the Library	<b>All Yoga classes are at 123 Humboldt St</b> <b>All Aerobics classes are at the Recreation Center-1200 Koelle Blvd</b>			

Any trip suggestions please give to Karen or Mary