

October 2018 Senior Citizen Newsletter

To everything there is a season, this season we have the bounty of beautiful colors, the harvest of vegetables, pumpkins, and many events and activities for Autumn. The annual Columbus Day Luncheon is at the Senior Center on Friday, October 5th. There will be two seatings for the luncheon; 11:00am or 1:00pm. Reserve your seat today by calling 201-865-4422. Sign up today for the \$1 lunch Halloween Party on Friday, October 26, by calling 201-865-4422. Don't miss out on a ghoulishly good time! The annual Health Fair and Food Day will be at the Recreation Center on Koelle Blvd on Sunday, October 14. There will be Health Screenings, and nutrition and fitness professional demonstration The Psychic Fair is scheduled for Sunday, October 14 at the Senior Center at noon. The Secaucus Emergency Fund annual tricky tray is Saturday, October 20, at Clarendon School. Doors open 11am for 1pm Start. Check out the calendar for some seasonal events and shopping trips including Alstede Farms on Tuesday

October 11 .Our Lunch trips this month are Justin's, Rutt's Hutt, Cracker Barrel, and Boniello's. The Saturday mall trips are Woodbridge, Rockaway and Saddle Brook.

Fun Facts: More American Presidents were born in the month of October than any other month The first "Model T" Ford was put on the market, October 1, 1908. The great fire of Chicago began, and burned for about 30 hours, October 8, 1871. The U.S. Naval Academy opened at Annapolis, Md., October 10, 1845. Columbus landed in America, October 12, 1492. The United States flag was formally raised over Alaska, October 18, 1867. The U.S.S. Constitution, better known as Old Ironsides, launched, October 21, 1797.



HAPPY **HALLOWEEN**

The Senior Center will be closed on Monday, October 8th in observation of Columbus Day. There will be no bus service.

Birthdays in October are:

Laura Alarcon, Susan Barnum, James Beream, Gladys Bligh, Carole Bohne, Sylvia Connors, Margaret Cruz, Elaine DeGilio, Doris Doyle, Peggy Firtion, Celia Formisano, Carole Gaughran, Cary Gentile, Diane Grafeld, Helen Harvey, Rose Jasiczek, Marie Kleinberg, Charlie Makarski, Edna McGilly, Maria Meyer, Luis Mora, Jean Murphy, Frank Niznik, Delly Ortiz, Ann Presa, Nelida Rivera, Frank Scardigno, Alicia Sikaffy, Eileen Skop, Maria Spadavecchia, William Sturmfels, Emeliano Torres, Louie Vitulano, Barbara Whittaker, and Kathy Wilkings.

Senior Center: 201-330-2034 Senior Citizen Bus: 201-865-4422 Mayor's Office: 201-330-2005

Golden Age: 201-865-2282

Social Services: 201-330-2014

Library: 201-330-2083 Medicare: 800-633-4227

Meals on Wheels: 201-330-2094 Housing Authority: 201-867-2957 Recreation Center: 201-330-3299 Police/Fire Dept: 201-867-8000

Social Security: 800-772-1213 Medical Escort: 201-330-2082 Hospital: 201-392-3100 **Town Hall:** 201-330-2000 PAAD/Lifeline 800-792-9745