

March 2024 Senior Citizen Newsletter

Spring Ahead! Daylight Savings time begins Sunday, March 10th. Don't forget to turn your clocks forward. After a cold winter, we are all looking forward to an extra hour of daylight. Let's get out and enjoy some time with friends. Yoga classes are held every Monday and Friday at 123 Humboldt Street at 10am. Come join the fun and relax. On Monday come Walk at American Dream pickups start at 10am. The monthly Kerasotes movie program is back starting on Tuesday, March 26th 11:30am. Some afternoon lunch trips this month are Dublin Yard for a Corn Beef \$15 dollar special, Tick Tock Diner and Rumba Cubana, call to reserve your seat. Some of the usual places Aldi's, Dollar Tree, Trader Joe's are still our favorites. The Saturday shopping trips are Walmart at 8:30am and Shoprite at 11:30am. The casino trips this month start on March 6th to Mt. Airy Casino and March 20th to Parx Casino. Call 201-865-4422 early to reserve your seat to your favorite casino. Come join us for Social Friday which starts at 10am.

WE WELCOME SPRING ON MARCH 19th.

Did you know? The word March comes from Latin Martius. This was the first month of the Roman calendar and was named after Mars, the god of war.

March was the beginning of our calendar year. We changed to the "New Style" or Gregorian calendar in 1752, and it is only since then when we the year began on 1st January. Birthstone: Aquamarine is considered a symbol of Faithfulness, Courage, and Friendship.

HAPPY ST. PATRICK'S DAY!



Birthdays In March:

Joyce Berthel, Marie Bopp, Cathy Bourbon
Elsa Cruz, Bob Denicola, Rosalie Domanski,
Joan Gasser, Zoila Herrera, Linda Kenny,
Karl Kovarik, Santoosh Khanna, Poh
Lapiana, Joey Mitchell, Han Nguyen, Fran
Petrizzo, Anibel Quezada, Marie Roesing,
Anthony Rutigliano, Rosalina Schiavo,
Edith Urcinole, Josefina Valenzano, and
Josephine Zloty

Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-864-9502

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline: 800-792-9745