



January 2023 Senior Newsletter



Wishing you a Happy & Healthy New Year! May all your wishes come true this holiday season! We welcome in 2023. So far it has brought some cold weather. By this time last year, we've endured several obstacles.

We had a challenging year in 2022 and look forward to a fun filled and busy 2023. There are a few new lunch time favorites on the calendar this month including Bazarelli's, Longhorn, Bensi and Tokyo Hibachi. We added a trip to Corrado's on Tuesday Jan 24th and Calandra's on Thursday Jan 26th at 8am. Call 201-865-4422 to make your reservation. Shopping Malls this month are Jersey Gardens Woodbridge, Garden State, and Palisade Mall.

Our Casino trips are Mt. Airy in Mt Pocono, Pa on Wednesday, Jan 11th and Wind Creek Casino in Bethlehem, Pa on Wednesday, Jan 25th. Come out and try your luck!

Golden Age Meeting will be held at ICC 1:00 pm on 1st Thursday, of each month.

Did you know: The name January came from a Roman God Janus, who was always shown as having two heads. He looks back to the last year and forward to the new one. On average, January is the coldest month of the year in the Northern Hemisphere and second month of the winter. January is the only month when the North Pole is colder than the South Pole. Birthstone: Garnet Two Zodiac signs associated with January are Capricorn and Aquarius.

The center will be closed Monday, January 16th in observance of Martin Luther King Day. There will be no bus service.

Age is an issue of
mind over matter.
If you don't mind,
it doesn't matter.
Mark Twain

"Life is like a mirror. Smile at it and it smiles back at you."

-Peace Pilgrim



Birthdays in January are: Ceil Aloutto, Australia Latimore, Flora Bauzon, Maria Bellido, Berta Bueso, Carol Ann Cariero, Roxanne Cintron, Donna Cipriano, Pat Degelman Sudha Doshi, Kirtikant Doshi, Marta Ercolano, Helen Evans, Maureen George, Julianna Gurner, Naina Hira, Catherine Kaspar, John Kennelly, Sue Kolodziej, Janice Kozak, Sharon Kramer, Anna Macam, James Marionucci, Gerard Marra, John Juan Medina, Doreen Morgan, Angela Peko, Andrea Salzano, Joe Segro, Barbara Smith, Joe Sniadach, Carol Stuart, Florence Tarantino, Elinor Taylor, Joseph Testa, Fred Thompson, Donald Whitrock

Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-865-1345

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline 800-792-9745