

June 2023 Senior Citizen Newsletter



Welcome summer! It's been a long cold winter and wet spring but together we've gotten through it all.

We have a few trips planned for this month. Look for Peddler's Village on Friday, June 16th and enjoy the fresh air! Looking forward to seeing you at the Senior Picnic barbeque and Pool Day on Thursday, June 8th at 11:30am. Call the senior center and get your name on the list! The Hudson County Senior Citizen Boat Ride is set to sail on Wednesday, June 28th. Reservations required to attend. Limited seating call 201-865-4422. The casino trip will be to Parx Casino on Wednesday, June 14th and Wednesday, June 21st to Wind Creek. Dine-in trips will be to Tommy's Tavern, Pisaino's, Annabella's and Biggies. Some of our favorite shopping trips included this month are Rockaway, Woodbridge and Jersey Gardens Mall. On June 30th join us for Breakfast OR lunch to Cracker Barrel and Candle Factory. Come join the fun at our Yoga class on Monday and Friday mornings 10am at 123 Humboldt Street gym. Senior BINGO is held on Monday and Thursday at 12noon. Water aerobics is held at the rec center every Wednesday at 11am come make a splash.

CONGRATULATIONS to Margaret Cruz for being selected SENIOR OF THE YEAR!

HELLO SUMMER JUNE 21st!!!! !!!!!

Facts about the month of June: Is the month with the longest daylight hours of the year in the Northern Hemisphere also the longest day of the year occurs on June 21st or 22nd. Birthstone: pearl, alexandrite and moonstone. June's flower is the rose.

Flag Day is June 14th

Happy Father's Day to all you great dads, and grand dads! Make memories and do something special!

"Always remember that you are absolutely unique. Just like everyone else."
~ Margaret Mead

Birthdays in June are:

Terry Acquaviva, Brenda Becker, Dolores Chislock, Rita DePinto, Fran Fedkenheuer, Bob Fraley, Justine Marionucci, Diane McLaughlin, Margaret Mitchell, Ana Moller, Billy O'Hare, Papan Panjabi, Maria Quezada, Amelia Quindipan, Phyliss Renner, Consuela Rivera, Carmen Rodriguez, Buddy Roesing, Maria Schmitt, Erlina Vales,



Senior Center: 201-330-2034
Senior Citizen Bus: 201-865-4422
Mayor's Office: 201-330-2005
Golden Age: 201-865-2282

Social Services: 201-330-2014
Housing Authority: 201-867-2957
Library: 201-330-2083
Medicare: 800-633-4227

Meals on Wheels: 201-330-2094
Recreation Center: 201-330-3299
Police/Fire Dept: 201-867-8000
Social Security: 800-772-1213

Medical Escort: 201-330-2082
Hospital: 201-392-3100
Town Hall: 201-330-2000
PAAD/Lifeline 800-792-9745